

200	300	400	500	600	800	1k	1Mi	2Mi	5k
20.0	32.0	44.8	59.1	1:14.5	1:42.8	2:15.7	3:48.7	8:12	13:12
20.5	32.8	45.9	1:00.6	1:16.4	1:45.4	2:19.1	3:54.3	8:24	13:31
21.0	33.6	47.1	1:02.1	1:18.2	1:48.0	2:22.5	4:00.2	8:36	13:51
21.5	34.4	48.2	1:03.6	1:20.1	1:50.5	2:25.9	4:05.8	8:49	14:11
22.0	35.2	49.3	1:05.1	1:22.0	1:53.1	2:29.3	4:11.6	9:01	14:31
22.5	36.0	50.4	1:06.5	1:23.8	1:55.7	2:32.7	4:17.3	9:13	14:51
23.0	36.8	51.5	1:08.0	1:25.7	1:58.3	2:36.1	4:23.0	9:25	15:10
23.5	37.6	52.6	1:09.5	1:27.6	2:00.8	2:39.5	4:28.7	9:37	15:30
24.0	38.4	53.8	1:11.0	1:29.4	2:03.4	2:42.9	4:34.4	9:50	15:50
24.5	39.2	54.9	1:12.4	1:31.3	2:06.0	2:46.3	4:40.2	10:03	16:10
25.0	40.0	56.0	1:13.9	1:33.1	2:08.5	2:49.7	4:45.8	10:15	16:30
25.5	40.8	57.1	1:15.4	1:35.0	2:11.1	2:53.1	4:51.6	10:27	16:49
26.0	41.6	58.2	1:16.9	1:36.9	2:13.7	2:56.4	4:57.3	10:39	17:09
26.5	42.4	59.4	1:18.4	1:38.7	2:16.3	2:59.8	5:03.0	10:51	17:29
27.0	43.2	1:00.5	1:19.8	1:40.6	2:18.8	3:03.2	5:08.7	11:04	17:49
27.5	44.0	1:01.6	1:21.3	1:42.5	2:21.4	3:06.6	5:14.4	11:16	18:08
28.0	44.8	1:02.7	1:22.8	1:44.3	2:24.0	3:10.1	5:20.2	11:28	18:28
28.5	45.6	1:03.8	1:24.3	1:46.2	2:26.5	3:13.4	5:25.9	11:41	18:48
29.0	46.4	1:05.0	1:25.8	1:48.1	2:29.1	3:16.8	5:31.6	11:53	19:08
29.5	47.2	1:06.1	1:27.2	1:49.9	2:31.7	3:20.2	5:37.3	12:05	19:28
30.0	48.0	1:07.2	1:28.7	1:51.8	2:34.2	3:23.6	5:43.1	12:18	19:47
30.5	48.8	1:08.3	1:30.2	1:53.6	2:36.8	3:27.0	5:48.7	12:30	20:07
31.0	49.6	1:09.4	1:31.7	1:55.5	2:39.4	3:30.4	5:54.5	12:42	20:27
31.5	50.4	1:10.6	1:33.1	1:57.4	2:42.0	3:33.8	6:00.2	12:54	20:47
32.0	51.2	1:11.7	1:34.6	1:59.2	2:44.5	3:37.2	6:05.8	13:07	21:06
32.5	52.0	1:12.8	1:36.1	2:01.1	2:47.1	3:40.6	6:11.6	13:19	21:26
33.0	52.8	1:14.0	1:37.6	2:02.9	2:49.6	3:44.0	6:17.3	13:31	21:46
33.5	53.6	1:15.1	1:39.1	2:04.8	2:52.2	3:47.4	6:23.1	13:44	22:06
34.0	54.4	1:16.2	1:40.5	2:06.7	2:54.8	3:50.7	6:28.8	13:56	22:25
34.5	55.2	1:17.4	1:42.0	2:08.5	2:57.4	3:54.2	6:34.4	14:08	22:45
35.0	56.0	1:18.4	1:43.5	2:10.4	2:59.9	3:57.5	6:40.2	14:20	23:05