

# Middlesex League Championship Cross Country Course - 5000m (3000m for freshmen) - Woburn Country Club, Woburn, MA



- =Loop 1
- =Loop 2
- =Loop 3
- =Loop 4
- =Loop 5
- |||||| =Start/Finish

\*\*\*Miles and kilometers are marked by dashed lines colored in accordance with the loop those marks are on. I.e., the 2k is marked by a blue dashed line because it occurs on loop 2 (traced in blue).

\*\*\*Freshman 3k loop is simply loop 1, loop 2 and loop 5