

# Lexington High School Track and Field

## Boys Varsity Indoor Depth Chart 2017-2018

FINAL COPY

### EVENT: Qualifying: ML Champs/ Div 1/ NBN

<b>55mHH</b>	<b>8.65/8.38/7.34</b>		
Brock	8.28	@	1/2
Crooke	8.72		2/5
Kutrolli	8.75	M	2/28
Cotter	9.12		1/6
Kendall	9.40		1/2
Saiju	10.25	M	2/28

<b>55m</b>	<b>6.99/6.91/6.34</b>		
Hiser	6.69	@	2/16
Uda-Thach	6.69	@	2/16
Jaramillo	7.04		2/5
Hofland	7.05		2/5
Lim	7.31		12/17
Chiu	7.43		1/6

<b>300m</b>	<b>38.32/37.31/35.14</b>		
Honohan	35.57	@	2/16
Uda-Thach	35.71	@	2/24
Walsh	37.77	*	2/5
Her	38.06	*	1/9
Backert, J.	38.26	*	1/2
McGovern	38.34		12/15
Charbit	38.94		12/15
Atkins	41.92		12/17

<b>600m</b>	<b>1:29.29/1:27.67/1:21.00</b>		
Lingard	1:21.91	@	12/22
McGovern	1:23.83	@	2/16
Backert, J.	1:25.61	@	2/16
Stevens	1:27.41	@	2/5
Manickas-Hill	1:32.74		1/2
Backert, S.	1:33.42		1/2
Steinfeld	1:35.16		1/2
Slobodchikov	1:37.26		12/22
McGaraghan	1:38.40		12/15
Ballinger	1:48.04		12/15

<b>1000m</b>	<b>2:48.25/2:41.52/2:30.10</b>		
Lingard	2:27.62	\$ LEX	2/24
Backert, S.	2:38.27	@	2/16
Jacob	2:42.17	*	12/28
Stevens	2:44.19	*	1/2
DiCerbo	2:50.11		2/5
Samsel	2:52.26		12/15
Porter	2:52.34		1/9
Backert, J.	2:53.96		12/15
Steinfeld	2:54.78		12/22
Manickas-Hill	2:56.77		12/28
Slobodchikov	3:00.80		1/15
Cotter	3:01.87	M	2/28
Kutrolli	3:12.68	M	2/28
Saiju	3:14.04	M	2/28

<b>Pentathlon</b>	<b>x/x/3550</b>		
Kutrolli	2403	M	2/28
Cotter	2249	M	2/28
Saiju	2044	M	2/28

<b>Mile</b>	<b>4:48.44/4:35.34/4:17.50</b>		
Lingard	4:17.24	\$	2/10
Gappelberg	4:29.64	@	1/28
Jacob	4:33.99	@	1/28
Benson	4:39.62	*	12/28
Bernstein	4:45.77	*	2/18
Mitchell	4:49.61		2/5
Useche	4:50.42		1/6
DiCerbo	4:51.67		1/2
Manickas-Hill	4:52.97		1/9
Porter	4:53.26		1/2
Croke	5:02.36		1/6

<b>2 Mile</b>	<b>10:33.81/10:07.03/9:20.00</b>		
Gappelberg	9:37.22	@	2/16
Porter	10:05.50	@	2/5
Jacob	10:11.92	*	1/9
Benson	10:15.44	*	12/22
Bernstein	10:22.82	*	2/5
Warburton	10:32.35	*	1/2
Mitchell	10:41.50		1/9
Cutler	11:26.93		12/28

<b>Shot Put</b>	<b>41'8"/45'9"/56'6"</b>		
Zavaliagkos	44'7"	*	2/5
Gupta	42'11"	*	12/15
Dlugy	38'8.5"		2/5
Hart-Thompson	34'10"		1/2
Fieleke	33'0"		12/22
Cotter	26'1"	M	2/28
Kutrolli	25'6.75"	M	2/28
Saiju	24'5.75"	M	2/28

<b>High Jump</b>	<b>5'8"/5'9"/6'7"</b>		
Wilkins	5'9"	@	1/2
Kendall	5'8"	*	2/5
O'Donoghue	5'8"	*	1/9
Horiatis	5'5"		1/9
Saiju	4'11.75"	M	2/28
Cotter	4'9.75"	M	2/28
Kutrolli	4'9.75"	M	2/28

<b>Long Jump</b>	<b>18'6"/19'8.5"/22'9"</b>		
Crooke	20'6.5"	@	1/28
Uda-Thach	20'0.75"	@	12/17
Hiser	19'11.75"	@	1/28
McGovern	18'6"	*	12/22
Brock	18'1.75"		1/2
Cotter	18'0.25"	M	2/28
Kutrolli	17'11"	M	2/28
Xu	17'1"		12/17
Saiju	16'11.25"	M	2/28
Paulino	16'2.25"		1/6

<b>4x200m</b>	<b>open/1:35.61/1:30.60</b>		
LHS	1:31.05	@	3/3

<b>4x400m</b>	<b>open/3:36.15/3:25.00</b>		
LHS	3:28.76	@	2/24

<b>4x800m</b>	<b>open/8:31.40/8:01.00</b>		
LHS	8:20.66	@	12/1

### NOTES:

- LEX = LHS School Record
- \* = Middlesex League Championship Qualifier (auto)
- @ = ML and Division 1 State Qualifier
- \$ = New Balance Nationals Qualifier
- M = Multi Event Athlete Performance

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## Girls Varsity Indoor Depth Chart 2017-2018

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### EVENT: Qualifying: ML Champs/ Div 1/ NBN

#### 55mHH 9.52/9.46/8.04

Gisolfi-McCready	9.87	M	2/27
Cannon	10.03		1/9
Eayrs	10.15		2/5
Mudgal	10.62		2/5
Brennan	10:74		1/2
Lavelle	10.90		1/9
Gardner	11.11		2/5
Caldwell-Glixon	14.13	M	2/27

#### 55m 7.77/7.63/7.14

Gisolfi-McCready	8.05		2/5
Li	8.12		2/5
Abedi	8.30		12/15
Fiore	8.41		1/9
Wardle	8.43		1/9
Sullivan	8.71		12/17

#### 300m 45.47/43.39/40.04

Movsessian	43.38	@	2/16
Sheth	43.75	*	1/28
Cannon	43.94	*	2/5
Smith	44.49	*	12/28
Caldwell-Glixon	46.06		12/22
Veit	48.03		12/17
Tang	49.17		12/28
Honohan	52.30		1/9

#### 600m 1:46.82/1:44.12/1:34.80

Smith	1:40.50	@	2/16
Hodge	1:46.60	*	12/15
Veit	1:47.84		1/6
Caldwell-Glixon	1:50.06		1/9
Coonen	1:52.46		1/9
Bruce	1:56.65		12/17
Honohan	2:05.46		12/28
Frothingham	2:11.84		12/28

#### 1000m 3:19.75/3:14.20/2:54.50

Steines	3:11.29	@	1/28
Chong	3:15.34	*	2/5
Fiore	3:29.06		1/9
Moody	3:37.49		1/9
Caira	3:43.85		12/17
Schadler	3:45.40		12/28

#### Pentathlon x/x/3100

Gisolfi-McCready	2373	M	2/27
Caldwell-Glixon	2015	M	2/27

#### Mile 5:44.08/5:34.42/4:58.00

Ofek	5:29.39	@	2/5
Sortor	5:30.10	@	1/28
Chong	5:43.77	*	1/2
Steines	5:44.38		12/15
Siu-Zmuidzinas	5:50.01		1/2
Miniutti	6:58.87		12/28

#### 2 Mile 12:37.35/12:04.56/10:48.00

Barrett-Tzannes	11:46.15	@	2/16
Ofek	12:17.48	*	1/2
Sortor	12:37.33	*	1/9
Gu	13:16.07		1/9

#### Shot Put 29'3"/31'0.5"/43'2"

Awomah	36'6"	@	1/28
Sullivan	30'2"		2/5
Lee	28'4"		12/22
Zedros	26'10"		12/28
Caldwell-Glixon	25'8"	M	2/27
Gisolfi-McCready	23'10.75"	M	2/27

#### High Jump 4'9"/4'10"/5'6"

Caldwell-Glixon	4'11"	@	2/5
Chiakpo	4'11"	@	2/5
Movsessian	4'8"		12/15
Gisolfi-McCready	4'6"	M	2/27
Barrett-Tzannes	4'6"		12/28
Caira	4'2"		12/28
Harris	4'2"		12/15
Li	4'2"		1/9

#### Long Jump 15'2"/15'9"/18'8"

Li	17'4"	@	2/16
Cannon	15'11.5"	@	1/6
Caldwell-Glixon	15'9.75"	@ M	2/27
Sheth	15'2"	*	1/6
Gisolfi-McCready	14'7"	M	2/27

#### 4x200m open/1:50.84/1:44.00

LHS	1:51.07	*	2/16
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#### 4x400m open/4:18.48/4:00.60

LHS	4:12.42	@	2/5
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#### 4x800m open/10:30.49/9:32.00

LHS	10:09.37	@	2/16
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