

# Lexington High School Track and Field

## Boys Varsity Outdoor Depth Chart 2024

FINAL COPY

EVENT: Qualifying: LHS Varsity/ ML/ Div 1/ NBN

<b>100m:</b>	<b>11.80/ 11.73/ 11.35/ 10.67</b>		
O'Hare Gibson	11.02	@	4/17
Tandeh	11.36	*	4/17
Chambers	11.39	*	4/25
George	11.43	*	5/15
Uda-Thach	11.53	*	4/17
Yu, V.	11.98		5/1

<b>200m:</b>	<b>24.10/ 24.01/ 22.92/ 21.66</b>		
O'Hare Gibson	22.06	@	5/4
Tandeh	22.61	@	5/15
Uda-Thach	22.77	@	5/24
George	23.13	*	5/15
Chambers	23.33	*	5/15
Yu, A.	23.76	*	5/8

<b>400m:</b>	<b>54.50/ 54.46/ 52.36/ 48.50</b>		
O'Hare Gibson	49.39	@	5/15
Uda-Thach	51.10	@	5/15
Joseph	52.56	*	5/8
Zhang, M.	52.67	*	4/17
George	54.67		4/17

<b>800m:</b>	<b>2:07.00/ 2:06.74/ 2:01.66/ 1:54.00</b>		
Ryan, J.	1:57.44	@	5/1
Zhang, M.	1:58.79	@	5/1
Barry	1:59.63	@	5/1
Joseph	1:59.67	@	5/4
Cunningham	2:00.80	@	5/4
Fletcher	2:01.41	@	5/15
Raha	2:02.08	*	5/20
Noonan	2:02.73	*	4/11
House	2:03.89	*	5/15
Ryans	2:04.81	*	5/8
Smith	2:05.91	*	4/17
Ross	2:08.57		4/25
Gokarn	2:12.33		4/17

<b>1500m</b>	<b>4:24.00/ x/ x/ 3:56.60</b>		
Tandeh	5:00.40	M	5/24

<b>Mile:</b>	<b>4:48.00/ 4:46.14/ 4:35.76/ 4:16.50</b>		
Ryan, J.	4:20.99	@	5/26
Noonan	4:27.43	@	5/1
Zhang, M.	4:35.60	@	4/17
Cunningham	4:36.37	*	5/8
Barry	4:38.43	*	5/8
Stevens	4:39.15	*	5/15
Hall	4:40.20	*	4/25
Ryans	4:40.73	*	5/15
Ross	4:41.43	*	5/15
Lawler	4:41.71	*	5/1
Cassity	4:43.54	*	5/4
Pervane	5:05.38		4/17
Pudasani	5:19.40		5/8

<b>2 Mile:</b>	<b>10:36.00/ 10:35.03/ 9:56.64/ 9:16.00</b>		
Ryan, J.	9:12.66	\$ LEX	5/4
Noonan	9:32.08	@	5/24
Stevens	9:45.19	@	5/24
Hall	9:56.12	@	5/15
Finch, S.	10:14.23	*	5/15
Lawler	10:16.09	*	4/11
Cassity	10:16.78	*	5/8
Ross	10:19.75	*	5/8
Parker	10:24.57	*	5/1
Ryan, S.	10:44.47		4/17

<b>5000m</b>	<b>17:00.00/ x/ x/ 15:04.00</b>		
Ryan, J.	15:11.77	LEX	6/13

<b>110mHH:</b>	<b>18.10/ 17.99/ 16.64/ 14.30</b>		
Tandeh	14.74	@	5/26
Pan	15.11	@	5/26
Zhang, R.	15.19	@	4/25
Raney	16.58	@	5/4
Kokkinias	20.11		5/1

<b>400mIM:</b>	<b>1:06.00/ 1:05.70/ 1:01.78/ 54.30</b>		
O'Hare Gibson	52.85	\$ LEX	6/14
Reid Jr.	1:00.56	@	5/24
Gokarn	1:02.31	*	5/8
Tandeh	1:03.94	*	5/8
Yang, J.	1:06.04		4/11

<b>2000mSC:</b>	<b>6:40.00/ x/ x/ 6:20.00</b>		
Lawler	6:24.96		5/20

<b>4x100m:</b>	<b>x/ open/ 44.26/ 42.30</b>		
LHS	42.69	@	6/1

<b>4x400m:</b>	<b>x/ open/ 3:31.88/ 3:21.00</b>		
LHS	3:25.89	@	5/26

<b>4x800m:</b>	<b>x/ open/ 8:22.81/ 7:55.00</b>		
LHS	8:02.35	@	6/1

<b>Pole Vault:</b>	<b>9'0"/ 9'6"/ 10'0"/ 15'3"</b>		
Raney	13'0"	@	5/26
Bernard	9'0"		5/15
Reid Jr.	8'0"		4/17

<b>High Jump:</b>	<b>5'8"/ 5'10"/ 5'10"/ 6'7"</b>		
Tandeh	5'10"	@ M	5/24
O'Hare Gibson	5'8"		4/17
Manor Jr.	5'6"		5/15

<b>Long Jump:</b>	<b>19'0"/ 19'3"/ 21'0"/ 23'2"</b>		
Tandeh	21'8"	@	5/15
Mow	21'2"	@	4/28
Nyakahuma	20'11.50"	*	5/15
Pan	20'4"	*	4/25
Alperovich	18'7"		4/17
Patki	18'2"		4/17

<b>Triple Jump:</b>	<b>39'0"/ 39'9"/ 41'3"/ 46'6"</b>		
Pan	41'1.50"	*	4/28
Kocheta	37'7.75"		5/4
Patki	37'1.25"		4/11

<b>Shot Put:</b>	<b>38'0"/ 40'11"/ 45'2"/ 56'2"</b>		
Schroeder	41'10.75"	*	4/11
Roell	41'2.50"	*	5/8
Maguire	40'10.25"		4/11
Tandeh	40'0"	M	5/24
Brown, E.	38'4.50"		4/25
Brown, C.	37'5.50"		4/17

<b>Discus:</b>	<b>105'10"/ 114'7"/ 119'11"/ 165'8"</b>		
Schroeder	139'7"	@	5/24
Maguire	124'6"	@	5/24
Tandeh	121'4"	@	5/1
Roell	120'10"	@	4/11
Brown, E.	117'8"	*	5/1
Brown, C.	117'0"	*	5/1

<b>Javelin:</b>	<b>111'1"/ 131'5"/ 135'9"/ 173'0"</b>		
Myerberg	140'2"	@	5/15
Laine	122'7"		5/1
Ibrahim	110'2"		4/17
Liu	92'4"		4/17

<b>Hammer:</b>	<b>120'0"/ x/ x/ 168'0"</b>		
Brown, E.	161'0"		5/20
LeDonne	136'4"		5/20
Schroeder	136'1"		5/20
Brown, C.	129'5"		5/20

<b>Pentathlon:</b>	<b>x/ x/ Top 12/ 3400</b>		
Tandeh	3210	@ LEX	5/24

<b>Decathlon:</b>	<b>x/ x/ x/ 6000</b>		
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### NOTES:

LEX	= LHS School Record
*	= Middlesex League Qualifier (auto)
@	= ML and Division 1 State Qualifier
\$	= NB Outdoor Nationals Qualifier
M	= Multi Event Athlete Performance
h	= Hand Time Conversion to FAT (+.24)

# Lexington High School Track and Field

## Girls Varsity Outdoor Depth Chart 2024

FINAL COPY

EVENT: Qualifying: LHS Varsity/ ML/ Div 1/NBN

<b>100m:</b>	<b>13.50/ 13.43/ 13.23/ 11.99</b>		
Deardorf	12.58	@	5/26
Sagues	12.88	@	5/26
Solomon	13.02	@	5/8
Haverly	13.07	@	4/11
Mathurin	13.28	*	5/15
Steinbrecher	13.39	*	4/17
Helmbrecht	13.41	*	5/8
Hoefkens	13.51		4/17
Seed	13.73		5/8

<b>200m:</b>	<b>28.20/ 28.09/ 27.35/ 24.60</b>		
Haverly	25.85	@	5/24
Mathurin	26.85	@	5/15
Deardorf	27.05	@	5/8
Solomon	27.33	@	5/4
Sagues	27.45	*	4/25
Steinbrecher	27.58	*	5/8
Hao	27.89	*	5/1
Lennox	28.67		4/17

<b>400m:</b>	<b>1:05.50/ 1:05.13/ 1:02.99/ 56.45</b>		
Haverly	59.79	@	4/25
Steinbrecher	1:01.61	@	5/15
Solomon	1:03.21	*	5/1
Kvaal	1:04.49	*	4/11
Deardorf	1:05.23		4/17
McKee	1:05.73		5/4
Seneviratne	1:05.98		5/8
Ehmann	1:07.22		5/8

<b>800m:</b>	<b>2:35.00/ 2:34.96/ 2:24.54/ 2:13.40</b>		
Kontos	2:18.83	@	5/4
Neely	2:25.83	*	4/11
Cunningham	2:32.20	*	5/1
McVey	2:32.38	*	4/11
Aggarwal	2:36.32		5/1

<b>Mile:</b>	<b>5:50.00/ 5:47.44/ 5:33.86/ 4:58.50</b>		
Kontos	5:14.49	@	4/25
Ehmann	5:34.55	*	5/1
DiCerbo	5:41.98	*	5/1
Bettencourt	5:41.46	*	5/8
Striuli	5:45.47	*	5/15
Charest	5:45.97	*	5/4
Cunningham	5:48.44		5/8

<b>2 Mile:</b>	<b>12:35.00/ 12:34.53/ 12:17.15/ 10:54.00</b>		
Ehmann	11:57.40	@	5/15
Charest	11:58.00	@	5/24
DiCerbo	12:14.74	@	5/24
Bettencourt	12:26.55	*	5/4
Castro	12:37.00		4/25

**5000m** 20:10.00/ x/ x/ 17:45.00

<b>100mHH:</b>	<b>18.50/ 18.13/ 17.60/ 14.58</b>		
Mangon	15.42	@	5/15
Atkins	16.37	@	5/8
Hoefkens	17.25	@	5/4
Finnih	18.60		4/17
Monaco	19.54		4/17

<b>400mIM:</b>	<b>1:17.00/ 1:16.59/ 1:16.02/ 1:03.00</b>		
Kokkinia	1:09.30	@	5/1
Kvaal	1:10.43	@	5/15
Finnih	1:14.95	*	5/15
Carney	1:19.59		5/1

**2000mSC:** 7:59.00/ x/ x/ 7:25.00

<b>4x100m:</b>	<b>x/ open/ 52.24/ 48.50</b>		
LHS	49.50	@	6/1

<b>4x400m:</b>	<b>x/ open/ 4:21.57/ 3:58.00</b>		
LHS	4:08.14	@	6/1

<b>4x800m:</b>	<b>x/ open/ 10:31.91/ 9:32.00</b>		
LHS	10:22.08	@	5/15

<b>Pole Vault:</b>	<b>6'6"/ 7'0"/ 8'0"/ 12'3"</b>		
Atkins	11'6"	@ LEX	5/30
Lennox	7'0"		5/15

<b>High Jump:</b>	<b>4'8"/ 4'10"/ 4'10"/ 5'5"</b>		
Haverly	4'10"		4/17
Deardorf	4'6"		4/17
Mathurin	4'4"		4/17
Monaco	4'4"		4/25

<b>Long Jump:</b>	<b>15'8"/ 16'4"/ 16'11"/ 18'9.50"</b>		
Deardorf	18'4"	@ LEX	5/15
Yu	16'7"	*	4/17
Kokkinia	15'7.50"		4/25

<b>Triple Jump:</b>	<b>31'9"/ 32'7"/ 34'7"/ 38'4"</b>		
Mangon	33'4.25"	*	5/15
Sagues	32'3.75"		4/28
Lennox	32'2.75"		4/11
Yu	30'10.50"		5/1

<b>Shot Put:</b>	<b>28'0"/ 30'3"/ 31'5"/ 40'5"</b>		
Cuthbertson	35'6.50"	@	5/4
Brown	29'11"		4/11
Tandeh	28'9"		4/11
Wolosoff	27'3.75"		5/1
Pierre-Louis	26'5.25"		4/25

<b>Discus:</b>	<b>72'6"/ 84'4"/ 92'8"/ 132'0"</b>		
Cuthbertson	113'2"	@	5/20
Tandeh	105'0"	@	5/24
Wolosoff	103'4"	@	5/24
Uribe-Salas	76'1"		5/8
Pierre-Louis	72'3"		4/17

<b>Javelin:</b>	<b>82'3"/ 87'9"/ 88'4"/ 119'0"</b>		
Atkins	99'1"	@	5/26
Tandeh	52'0"		4/17

<b>Hammer:</b>	<b>90'0"/ x/ x/ 132'0"</b>		
Cuthbertson	118'8"	LEX	5/8
Tandeh	113'1"		5/20
Brown	99'9"		5/20

**Pentathlon:** x/ x/ Top 12/ 3100

**Heptathlon:** x/ x/ x/ 4400

### NOTES:

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